## THE CLAIMS DEFINING THE INVENTION ARE AS FOLLOWS:

1. A method for manufacturing a texturised proteinaceous meat analogue product, said product having a relative water activity of lower than about 0.8 and including about 20 to 80% by weight edible proteinaceous materials selected from the group consisting of predetermined mixtures of defatted soy flour, soy meal, soy concentrate, cereal gluten (in vital or starch-containing form) and egg white powder; up to about 5% by weight of edible mineral binding and cross-linking compounds; and up to about 50% by weight of an edible humectant system consisting of a mixture of glycerol and glucose in a predetermined ratio; said method including:

subjecting, in an extruder, a mixture of materials as defined above, to mechanical pressure and heat sufficient to convert the mixture into a hot protein lava; and

extruding the protein lava through and from a temperature controlled cooling die which cools and increases the viscosity of the protein lava to obtain a cohesive, texturised, extrudate slab or ribbon in which vapour-flashing is substantially inhibited.

- 2. The method of claim 1, wherein said mixture contains about 25% by weight glycerol and about 5% by weight of glucose.
- 3. The method of any preceding claim, wherein said meat analogue product has a relative water activity of between about 0.55 and about 0.68.
- 4. The method of any preceding claim, wherein said extruder is a twin-screw extruder with between four and six barrel sections and a screw speed operating in the range 300rpm to 550rpm.
- 5. The method of claim 4, wherein said extruder has five barrel sections and said screw speed is about 500rpm.

- 6. The method of claims 4 or 5, wherein each extruder barrel section has a length to diameter ratio of about 4.
- 7. The method of any preceding claim, wherein the temperature of said protein lava is restricted to less than about 120°C.
- 8. The method of any preceding claim, wherein the solidified extrudate slab or ribbon is further subjected to suitable size-reduction techniques for producing extrudate shreds that resemble in consistency and texture flaked or shredded meat.
- 9. The method of claim 8, wherein said size-reduction includes shredding in a hammer mill.
- 10. The method of claim 9, wherein said hammer mill includes a cage plate with a plurality of elongate discharge openings and a plurality of hammer bars hinged to discs attached to a rotating shaft.
- 11. The method of claim 10, wherein the extrudate is transferred directly from the cooling die to the hammer mill.
- 12. The method of any preceding claim, further including the step of adding meat based product into said mixture.
- 13. The method claim 12, wherein said meat-product is added directly to said protein lava.
- 14. The method of any preceding claim, wherein said mixture has a total moisture content of between about 15% and about 40% by mass.
- 15. The method of any preceding claim, wherein said mixture includes:

a dry ingredient blend, said dry ingredient blend making up about 50% of meat analogue product mass and including (by mass) about 40% defatted soy flour, about 40% vital wheat gluten, about 0.5% nutritional vitamin supplements, about 8.5% mineral supplements, about 2.0% flavouring agents, about 4.3% colouring agents and about 4.7% carbohydrate;

a humectant blend, said humectant blend making up about 30% of meat analogue product mass and including about 83% glycerol and about 17% glucose by mass; and

meat based material, said meat based material making up about 20% of extrudate mass and consisting of comminuted material derived from one or more animals selected from the group consisting of poulry, fish, ovines, bovines and porcines.

16. A meat analogue product produced by a process according to any preceding claim.